

## 4th Interdisciplinary Research Day « Food Practices, Health and Territory »

### CALL FOR PAPERS

*Brest – 11 and 12 (morning) June 2026*

The 4th Interdisciplinary Research Day on food practices, health and territory will take place on **Thursday 11 June and Friday 12 June (morning) 2026 in BREST** (University of Western Brittany), organised by the Laboratory of Economics and Management of the West (LEGO).

**Its objective is to develop exchanges on the evolution of food practices anchored in a territory and their effects at both micro (on the health and well-being of the individual) and macro (at the territorial level) levels.**

This edition aims to be:

- A forum for dialogue between stakeholders with diverse perspectives: **researchers, local authority actors, and specialists in agri-food techniques and practices**. A round table is planned to foster debate, alongside the presentation of results from the third edition of the Sustainable Food Trust Barometer from the PADE Chair Observatory (OPADE).

- **A time for exchange, the promotion of research work and the development of projects**. Scientific workshops will be organised throughout the day, showcasing the latest research in the field. Recognising that the richness of exchanges stems from their diversity, the research day is open to researchers and experts from various disciplines, ranging from human and social sciences to food sciences, biological sciences or health.

- A moment **of sharing and experience feedback between researchers, socio-economic actors and the general public**. The results of the ANR FoodRest project, aimed at studying and limiting fresh fruit and vegetable waste by households, will be presented and discussed to achieve a **better understanding of food practices**.

### Key Dates

- Deadline for **submission of papers**: Monday 16 March 2026
- **Notification** of peer review results: Tuesday 21 April 2026

## 4th Research Day

### "Food Practices, Health and Territory"

The importance of a subject can be measured by its prevalence in the actions and projects of national actors. Healthier, more local and more sustainable food is now a major concern for territorial public policy leaders, researchers, economic actors and, quite concretely, households.

At the national level, this concern is reflected in the recognition by the Ministry of Agriculture and Food of more than 450 Territorial Food Projects (PAT) in 2025. These PATs are mainly led by local authorities and developed in consultation with all citizens and actors in the local agri-food sector. The scheme celebrated its 10th anniversary in 2024.

**The "Food Practices, Health and Territory" Day is rooted in this collective spirit of bringing together stakeholders from diverse backgrounds and confronting ideas.**

For this 4th edition, a session will be dedicated to the presentation of the **Sustainable Food Practices Chair**, supported by LEGO and the UBO Foundation, as well as the results of the third edition of the PADE Observatory.

Among the many concerns associated with more sustainable food in harmony with its territory is food waste. This occurs at all levels, from distribution to consumption. It appears that edible food thrown away represents nearly half of total food waste in France (ADEME, 2025). A large part of this waste takes place in households. The 4th PAST Day will be an opportunity to address this subject and possible recommendations. The results from the **ANR FoodRest project**, conducted by researchers in human sciences and microbiology, will be disseminated to the general public, particularly to the households that participated in the study.

### The objective of this Day is to reflect on the question

**What innovations and systems can be envisaged within food systems or among territorial actors for a more sustainable and healthy diet?**

### Communication Themes

Researchers and representatives of socio-economic organisations are invited to propose communications related to the stated objective, dealing with food practices and their impacts on the environment, health and/or the territory. **Proposals can take various forms:** states of the art, diagnostics, research in progress, or results of empirical studies. As an indication, and without being exhaustive, the themes addressed may include the following:

- \* Sustainable food: practices, evolutions and challenges
- \* Territorial organisation and sustainable food supply chains
- \* Food safety, traceability and trust
- \* New food practices
- \* Food innovation and planetary boundaries
- \* Evolutions in representations of food
- \* Evolutions in production and distribution systems

- \* Cities in transition, territorial food plans
- \* Food waste and responsible practices
- \* Communications and incentives for better nutrition
- \* Digital technology and food practices
- \* Labelling, information and transparency

### Instructions to Authors

Communications submitted to this Research Day must be **a maximum of 5 pages**, Times New Roman 12, single-spaced with 2.5cm margins (excluding bibliographical references, appendices and the initial page). The initial page, not included in the 5 pages of the document, will contain the abstracts and keywords in French and English, and the authors' contact details.

Proposed papers must be sent exclusively in electronic format as a **Word or Open Office version**.

Papers should be sent to: [journee-alimentation2026@univ-brest.fr](mailto:journee-alimentation2026@univ-brest.fr)

Anonymous evaluation will be carried out by two reviewers.

### Indicative Bibliography

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### Organising Committee

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